



## EduKick Germany

### **EduKick Germany - Football Studies Courses - (Boys aged 16 & above)**

Semester Individual development Course (3 months): Fall, winter or spring

Monthly Individual development Course (4 weeks): Available anytime September - June

- **Professional Coaching by EduKick Germany technical Director Eskandar Zamani (3 days per week – 2hrs per session)**
- **Membership to a gym partner of the Academy with a specific training program with respect to the physical needs of each student (each participant has the opportunity to go to the gym every day, outside of school hours and soccer training)**
- **Insertion to local club Hennef FC – age appropriate team... <http://www.fc-hennef.de/>**
- **German Language Classes – 15 hours per week or High School study**
- **Accommodation daily with a local German host family or independent residence living**
- **Opportunity to watch Bundesliga matches live when available (participants are chaperoned by EduKick Germany staff)**
- **Edukick Germany official kit package**
- **Local ground transportation to/from the accommodation to all training and matches.**
- **Airport pick up/drop off**

**The Football Studies Course** is the ultimate language immersion, study abroad, football development program. Our Academy provides professional Football training combined with quality language instruction in order to maximize the young person's overall experience abroad.

The goal of **EduKick Germany** is to work with players on every aspect of their training to ensure they develop the physical, technical, tactical and mental foundation required for better performance in football matches. This is accomplished through coaching and training in advanced strength and conditioning techniques, uniquely integrated with mental, nutritional and sports medical principles.



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