



EduKick Italy – Accademia Insegnare Calcio

EduKick Italy – A.I.C. Football Studies Courses - (Boys aged 14 & above)

Semester Individual development Course (3 months): Fall, winter or spring

Monthly Individual development Course (4 weeks): Available anytime September - June

- **Professional Coaching by EduKick Italy – A.I.C. technical Director Bruno Redolfi and his staff of FIG C/UEFA qualified staff (5 days per week – 2HRS per session)**
- **Membership to a gym partner of the Academy with a specific training program with respect to the physical needs of each student (each participant has the opportunity to go to the gym every day, outside of school hours and soccer training)**
- **Training sessions take place at the home of local Perugia club "A.S.D.Pontevalleceppi"**
<http://www.asdpontevalleceppi.it/>
- **Italian Language Classes take place at the world famous " Università Degli Studi di Perugia" or Perugia University (4 days per week, 3 hours per class)**
<http://www.unipg.it/en>
- **Accommodation daily with a local Italian host family or private apartment**
- **Opportunity to watch Serie A matches live when available (participants are chaperoned by EduKick Italy staff)**
- **Edukick Italy – A.I.C. official kit package**
- **Local ground transportation to/from the accommodation to all training and matches.**
- **Airport pick up/drop off**

The Football Studies Course is the ultimate language immersion, study abroad, football development program. Our Academy provides professional Football training combined with quality language instruction in order to maximize the young person's overall experience abroad.

The goal of **EduKick Italy – A.I.C.** is to work with players on every aspect of their training to ensure they develop the physical, technical, tactical and mental foundation required for better performance in football matches. This is accomplished through coaching and training in advanced strength and conditioning techniques, uniquely integrated with mental, nutritional and sports medical principles.



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