



STUDY **Spanish**...PLAY **Football** in **Mexico**

EduKick Mexico – Football Studies Courses

Year Long Course: Sept – June

Half Year Course: Jan – June

Boys and Girls aged 13 & above

- **Professional Coaching by EduKick Mexico FIFA qualified staff (4/5 days per week)**
- **Training sessions take place at the "Flamingos Sport Club" in Puerto Vallarta**
- **Insertion to a local Puerto Vallarta youth team**
- **Training with local teams (2 or 3 sessions per week)**
- **Develop skills & greater understanding of the game**
- **Daily Spanish language lessons or High School Studies**
- **Individual Fitness program (monitored by EduKick Mexico technical staff)**
- **Mexican Host family accommodation at the home of EduKick Mexico Director Armando Cosilion**
- **Breakfast, lunch & evening meal provided by host family**
- **Airport pick-up/drop off.**
- **Local ground transportation to/from the host family to all training, matches and academic classes.**

The Football Studies Course is the ultimate language immersion, study abroad, football development program. Our Academy provides professional Football training combined with quality language instruction and academic courses in order to maximize the young person's overall experience abroad.

The goal of **EduKick Mexico** is to work with players on every aspect of their training to ensure they develop the physical, technical, tactical and mental foundation required for better performance in football matches. This is accomplished through coaching and training in advanced strength and conditioning techniques, uniquely integrated with mental, nutritional and sports medical principles.



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