



## STUDY Spanish...PLAY Football in Mexico

### **EduKick Mexico – Individual Weekly Course**

One week (7 days) course: Available Year round  
Boys and Girls aged 13 & above

- **Professional Coaching by EduKick Mexico FIFA qualified staff or local teams (5 sessions per week)**
- **Training sessions take place at the "Flamingos Sport Club" in Puerto Vallarta**
- **Develop skills & greater understanding of the game**
- **Spanish language lessons (5 sessions per week)**
- **Individual Fitness program (monitored by EduKick Mexico technical staff)**
- **Mexican Host family accommodation at the home of EduKick Mexico Director Armando Cosilion**
- **Breakfast, lunch & evening meal provided by host family**
- **Social activities and local excursions**
- **Airport pick-up/drop off.**
- **Local ground transportation to/from the host family to all training, academic classes & excursions.**

**The Individual Football Studies one week Course** is the ultimate language immersion, study abroad, football development program. Our Academy provides professional Football training combined with quality language instruction and social activities in order to maximize the young person's overall experience.

The goal of **EduKick Mexico** is to work with players on every aspect of their training to ensure they develop the physical, technical, tactical and mental foundation required for better performance in football matches. This is accomplished through coaching and training in advanced strength and conditioning techniques, uniquely integrated with mental, nutritional and sports medical principles.



**EduKick Inc.**  
[www.edukick.com](http://www.edukick.com)  
1.905.469.5661  
Ontario, Canada  
[info@edukick.com](mailto:info@edukick.com)

